



Skinclusive™

Skinclusive Certification

Clinical Assessment
Completion Guide



Skinclusive™

Cartessa's Skinclusive mission is to support providers with the tools to treat **all skin types safely and effectively**. Cartessa is committed to bringing the **best-in-class technology** and the **supporting resources** to equip providers **to treat skinclusively**.

DISCLAIMER



The modules created are based on a collection of information gathered in the aesthetic field, as well as real world experience from aesthetic providers. The information is meant to introduce concepts and understanding of treating skin of color, and the recommendations are guidelines and good general practice.

When treating patients, providers must review the approved clinical manual and adopt the protocols and best practices as directed by the device manufacturer. Items found in this clinical video should NOT replace sound decisions of the medical provider.

Final Course Assignment - Clinical Assessment

Applying what you learn in the course is as critical as the content studied. To help ensure proper application and complete the certifications below are the steps for the final course assignment:

- 1) Identify two (2) patients skin type IV-VI
- 2) Complete Cartessa skin assessment for each patient
- 3) Identify and perform a treatment with a Cartessa device
- 4) Track and submit settings for each treatment, pre- and post-treatment instructions, and details, include 3 photos that meet photo guidelines:
 - Before
 - Immediately after
 - One month post
- 5) Provider and or patient testimonial for each treatment about the experience
- 6) Upload documents to www.cartessaaesthetics.com/skininclusive-submission

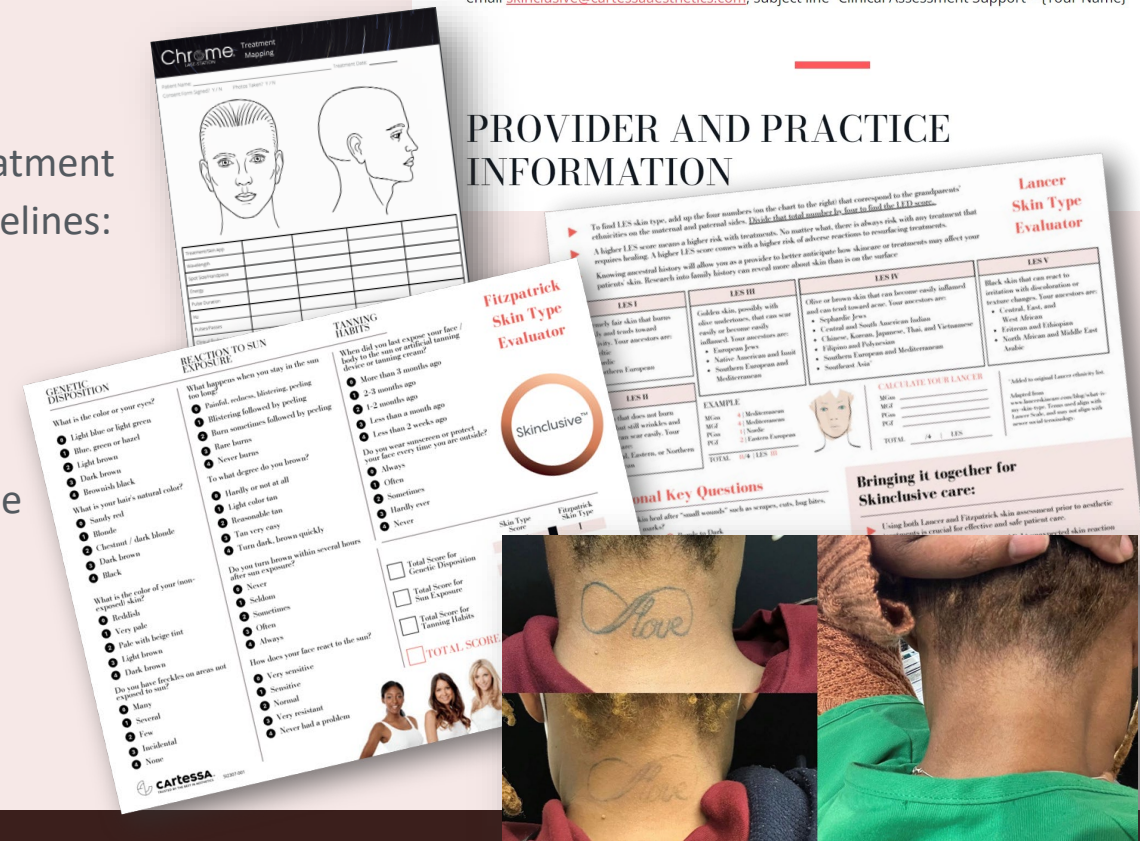
SKINCLUSIVE CERTIFICATION

Clinical Assessment Submission

This is the last step to completing your Skinclusive Certification. Please complete the below forms with provider and practice information, followed by the two case studies to meet the program requirements.

If you have any questions or need assistance uploading any documents for certification completion, please email skinclusive@cartessaesthetics.com, subject line "Clinical Assessment Support - {Your Name}"

PROVIDER AND PRACTICE INFORMATION



Chroma Treatment Mapping

Fitzpatrick Skin Type Evaluator

Lancer Skin Type Evaluator

Bringing it together for Skinclusive care:

Using both Lancer and Fitzpatrick skin assessment prior to aesthetic treatments is critical for effective and safe patient care.

Sample Submission

Remove/blackout patient name from all documentation.
Label files Pt1 and Pt2

Cartessa Skinclusive Skin Assessment

Two-sided Skin Typing Evaluator includes Fitzpatrick and Lancers Scale of Ethnicity, plus key questions to ensure safe and effective treatment. There is an updated version on Cartessa Connect. We will except either version but do require you completing this skin assessment.

The form includes sections for 'GENETIC PREDISPOSITION', 'REACTIVITY TO SUN EXPOSURE', 'TANNING HABITS', 'Fitzpatrick Skin Type Evaluator', 'Lancer Skin Type Evaluator', and 'Additional Key Questions'. It features a 'Skinclusive' logo and a patient photo.

Patient Testimonial

This can be a text, email, or written. This helps us assess your patient's experience.

Patient is extremely happy had no idea she'd get this amount of results with her treatment. She's very happy with the amount of improvement she seen in her acne scarring, and the minimal hyperpigmentation. She states at this laser did the least amount of hyper pigmentation compared to the fax. We're continuing our aggressive, vitamin C, hydroquinone and sunblock she's compliant. She feels that she may have lost a little facial volume and is questioning some filler I think she's a candidate for some mid face filler. That'll also help her acne scarring and if we had to re-CO2 her, it would be in six months, so that would be a good option to return for possible filler and her one month follow-up CO2 result

Treatment Photos

Treatment photos help us evaluate treatment effectiveness and safety. Immediate after photos are used to confirm clinical end-point, setting reactions, and safety references points. These should be original, not composite photos, with no watermarks.

Before



Immediately After



One-Month Post



Treatment Plan Settings

- Indication that is being treated
- Device used
- Settings used and technique if applies.
- Treatments- how many and how far apart were they spaced out

1st pass- 24W/2000/500 & 1570 sequential 9W/5/500
2nd pass-15W/1100/500 & 1570 sequential 6W/4/500
3rd pass- HP only 5W/100 spacing

Pre treatment- Obagi Vit C 15% in am with EltaMD Restore, Hydroquinone 4% with Exoderm Forte in am and Hydroquinone 4% with Tretinoin 0.1% cream in pm. Held Tret one week before Helix treatment. Restart the same 14 days later.

Post care- EltaMD gentle cleanser, Silver Gel from EltaMD and Laser Balm from EltaMD.

Helix Treatment

The patient presents with concerns of larger pores, textural concerns and life long acne scarring. The patient was offered CO2 laser skin resurfacing with topical stem cell. Treatment Settings- see above

CO2 prescreen completed, no contraindications for treatment were disclosed by patient. No changes in the patients medical history. Patient denies being on any photosensitizing medications, chemotherapy drugs, immunosuppressant drug, and they do not smoke. If you do smoke you are taking risk of slower recovery, and possibly more complications. by signing this you understand you are higher risk for infection or delayed healing
-Risks of the procedure discussed with patient, including but not limited to: discomfort, pain, redness, swelling, bruising, hypopigmentation, hyperpigmentation, burning, blistering, bleeding, infection, scarring, acne flare up, or purging, cold sore breakout and eye swelling. You will wear metal eye protection if we do a full upper and lower eye lid treatment.

In rare cases scarring can occur.

Risk of eye injury

Risk of longer down time than anticipated

Risk of redness lasting longer than 10- 14 days

Patient agrees they were offered non invasive or non ablative alternative options, including skin care, but agrees to the risk of CO2 technologies being ablative.

Risk of infection and having to come back to the office for an appointment check.

Patient agrees to follow all the pretreatment and post care instructions. They understand if they are not compliant they may have a poor outcome. Including hyper or hypigmentation

Your down time will vary from treatment to treatment and from level to level given.

Cartessa Tools to Use & Reference

Available on Cartessa Connect and linked here

The collage consists of five screenshots from the Cartessa website. The top-left screenshot shows a 'How To Guides' menu with a checked 'How To Guides' option and three unchecked options: 'Content Calendars', 'Social Seasonal Assets', and 'Preferred Partners'. The top-right screenshot is the 'Skinclusive Skin Assessment' page, featuring a table with six skin types (1-6) and their characteristics, along with 'SKIN CONSIDERATIONS' and 'STANDING ADVICE'. The middle-right screenshot is the 'PHOTO GUIDE' for face and body treatments, showing a studio setup with a large softbox and a person lying down. The bottom-left screenshot is a 'Cartessa Before & After Photo Guide' showing a person's face before and after treatment. The bottom-right screenshot is a 'Cartessa Skin Assessment' showing a person's face before and after treatment.

Cartessa Skinclusive Skin Assessment

Cartessa Before & After Photo Guide

Keys to a Successful Submission!



1. **Delete or black out all instances of patients' names**
2. Save digital copies of your documentation, **label "Pt1" and "Pt2" in all the files**, respectively of each core documentation.
 - i. Cartessa Skinclusive Skin Assessment
 - ii. Treatment Settings, including pre- and post-protocols
 - iii. Treatment Photo – Before
 - iv. Treatment Photo – Immediately After
 - v. Treatment Photo – 1-Month Post
 - vi. Patients quotes or experience statement.
3. Go to the **Skinclusive Submission Page**, and enter all required information, **including 6 files per patient** noted above (12 files total)

What to expect after you submit:



1. **File requirements check:** Cartessa Skinclusive team will confirm files uploaded meet our requirements for evaluation (3-5 business days)
2. **Case study evaluation:** Once all documentation is received, we will evaluate (5-10 business days) and reach out with any follow-up. If you follow sample submission and include all required documentation, this will help expedite the review process.
3. **Approval & Recognition:**
 1. Once approved, you will be notified and request to confirm name and credentials for your plaque
 2. **Immediate Recognition & Digital Access:** Your practice will be updated with Skinclusive logo on our Physician Finder Map (1-2 business days) & access to our Skinclusive digital assets on Cartessa Connect
 3. **Personalize Recognition:** The customized plaque does take a few business days, so please be patient and look out for your Certification Kit. Once you get it share a picture so we can highlight you on our Instagram Skinclusive Highlights!



We commend you for taking an interest and investing your time into safe and effective **Skinclusive** practices. **Together we will help make aesthetics a truly inclusive field.**

